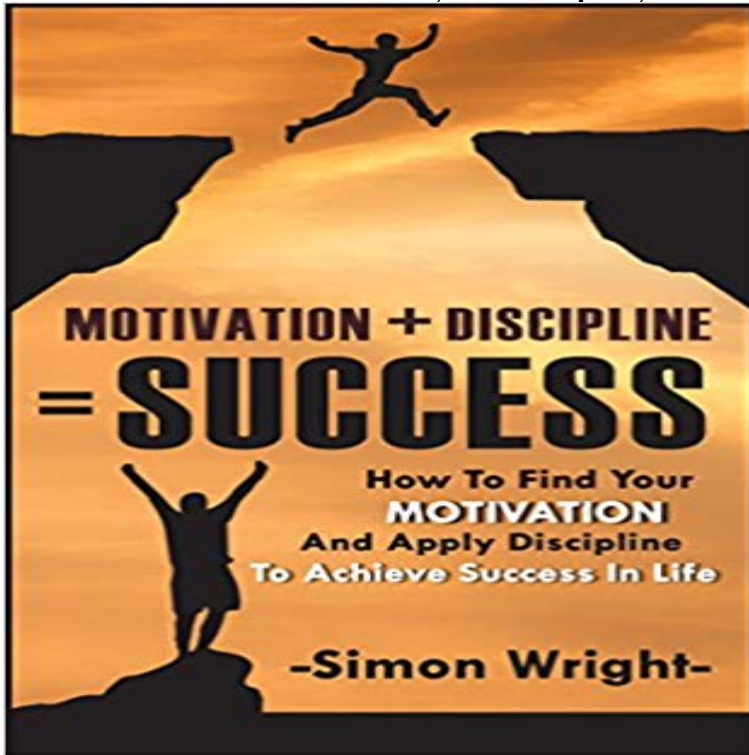


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Motivation + Discipline = Success This book contains proven steps and strategies on how to achieve more than you ever dreamed of by combining motivation and discipline. The focus of this book is to help you understand the power behind self-discipline and motivation, so you can use them to fulfill your biggest goals. The principles in this book are all you need to get rid of your insecurities, defeat procrastination, and most of all, find your sense of purpose in life. Success is not something that falls upon a person by fate. It does not happen to someone because they are more attractive or have rich parents. Success is your obligation to yourself, making it a priority. In Motivation + Discipline = Success, you will learn: Five Reasons You Are Not Successful Right Now How Self-Discipline Works Five Steps to Evaluate Your Self-Discipline The Three Keys to Unlocking Self-Discipline How to Turn Self-Discipline Into a Habit The Secrets to Motivation - including the three parts of motivation Three Simple Steps to Becoming Intrinsically Motivated Five Keys to Beating Procrastination And Laziness Hard wired behavioral patterns are at the core when it comes to reaching ones potential, and it is the authors hope that the books he has written will remove your negative mental conditioning and help a wide variety of people in attaining whatever it is they want in life. Your first step starts with reading this book! Scroll up and click the buy button at the top of this page. Do that and you can read Motivation + Discipline = Success on your Kindle device, computer, tablet or smartphone. Tags: Motivational Books, Motivation Manifesto, Positive Discipline, Self Improvement, Successful People, Achieve Anything, Achieve Your Full Potential

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