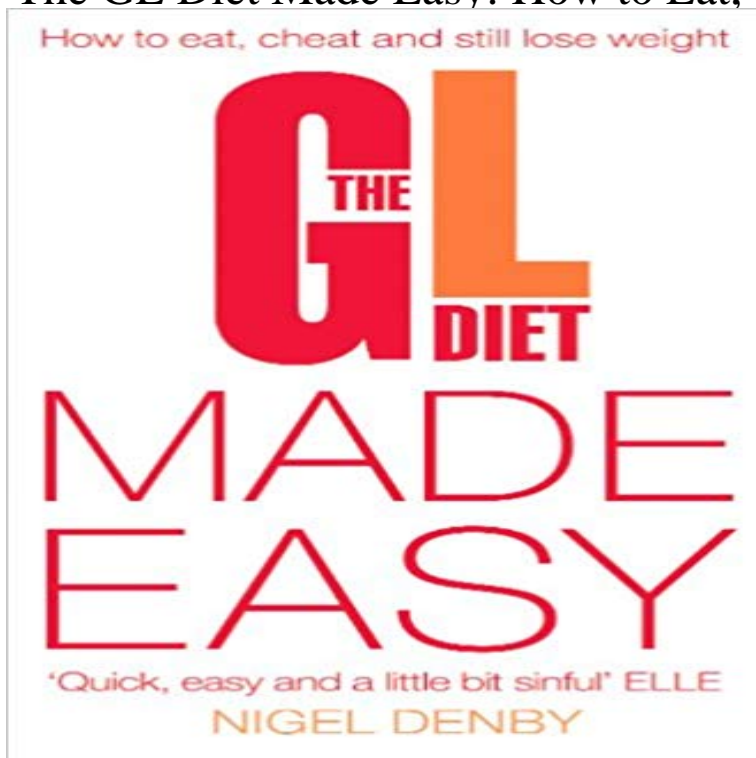


## The GL Diet Made Easy: How to Eat, Cheat and Still Lose Weight



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