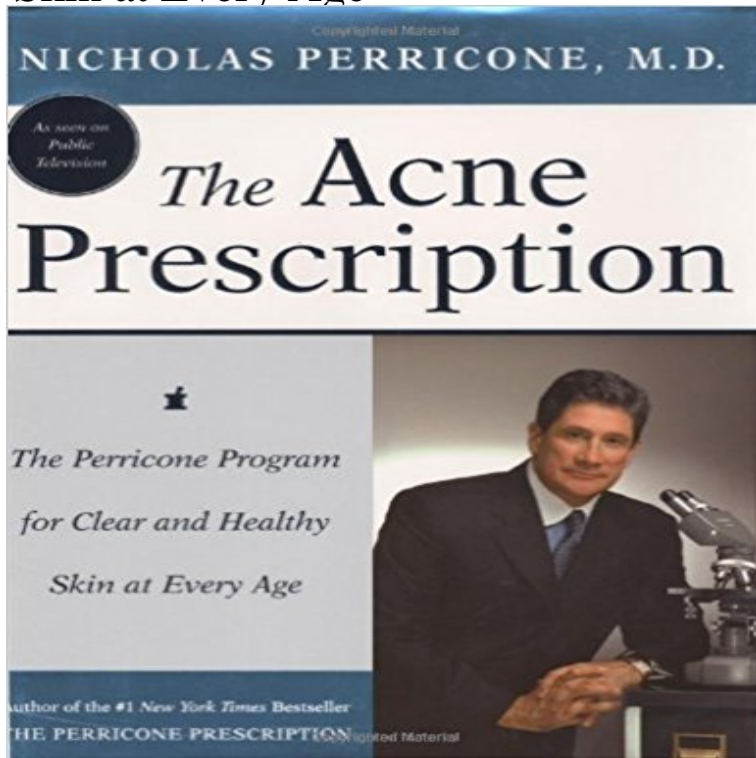


# The Acne Prescription: The Perricone Program for Clear and Healthy Skin at Every Age



From the #1 New York Times bestselling author of *The Perricone Prescription*. The *Acne Prescription* delivers a complete program that incorporates Dr. Perricone's trademark threetiered approach (antiinflammatory diet, targeted acnefighting nutritional supplements, and breakthrough topical applications) that will help you clear your skin in a matter of days. Not only will you see impossibletoignore improvement in your skin, the program will help improve your body's overall health and appearance. And, Dr. Perricone will tell you what to do to treat the pitting and scarring that often affects adult acne sufferers. The *Acne Prescription* features dramatic beforeandafter photos, rocksolid scientific background explications, and a daybyday program of meals and exercises. And, Dr Perricone will dispel common medical myths regarding the causes and treatment of acne. By following the Perricone Program of diet, vitamins, topical applications, and exercise, you can dramatically reduce the appearance of blemishes and breakouts, and achieve a smoother look within three days You will look and feel better than you ever thought possible. Good health and beautiful skin an unbeatable combination.

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