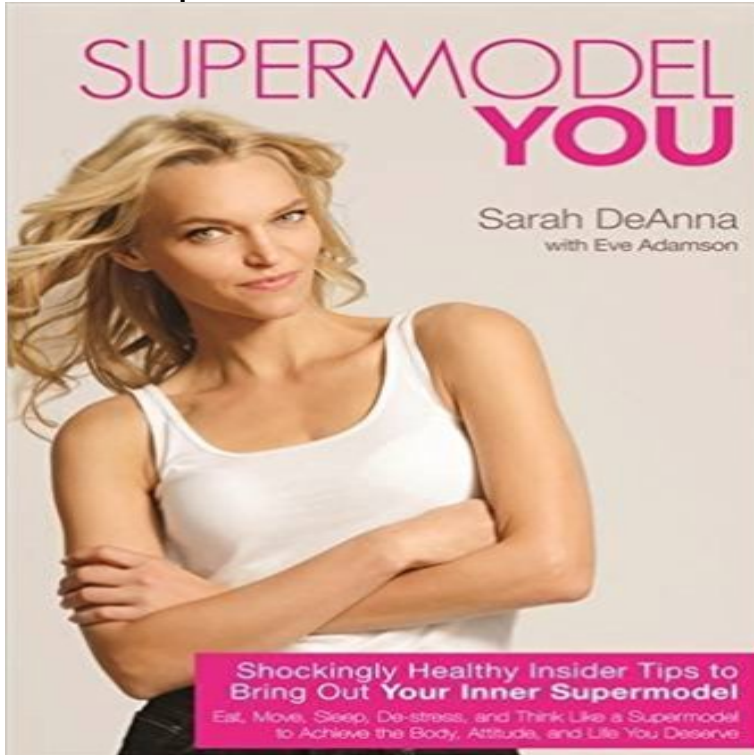


Supermodel YOU: Shockingly Healthy Insider Tips to Bring Out Your Inner Supermodel



Do you ever wonder what it would be like to be a supermodel? To feel confident, beautiful, and empowered? That's what Supermodel YOU is all about. International model Sarah DeAnna teaches you the shockingly healthy habits that models use to maximize their amazing bodies, iconic faces, and confident attitudes. You'll learn the Five Keys to channeling your inner supermodel as you discover how models really eat, dress, exercise, sleep, de-stress, travel, and stay gorgeous no matter what. As you adopt a supermodel mind-set, life will get easier, more glamorous, sexier, and a lot more fun. Supermodel YOU is not about looking like a model, but about feeling as self-assured and awesome as models feel and embracing the most beautiful, healthy, empowered version of yourself. So forget about diets and crazy exercise regimens, drop the self-loathing and low self-esteem . . . and get ready to walk the runway of your life!

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