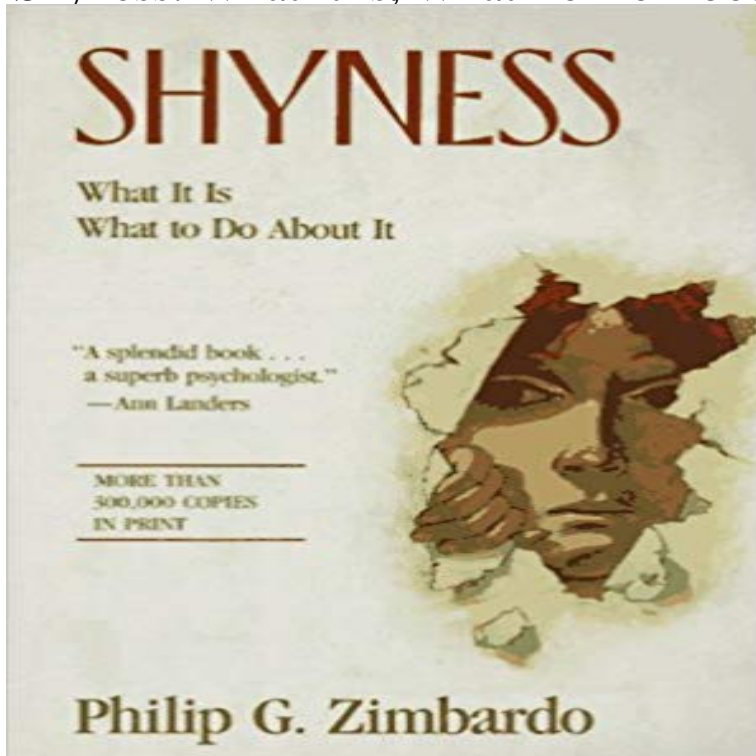


Shyness: What It Is, What To Do About It



Judging by the number of copies already sold (more than 300,000), scores of people suffer from the debilitating effects of shyness. A noted professor of psychology at Stanford University, Dr. Philip G. Zimbardo helps men and women, youngsters and oldsters, overcome this self-defeating condition. Photographs. Reissue.

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