

Prepping on a Budget - Proper Management Is Key to Prepping (Prepping and Survival Series Book 3)

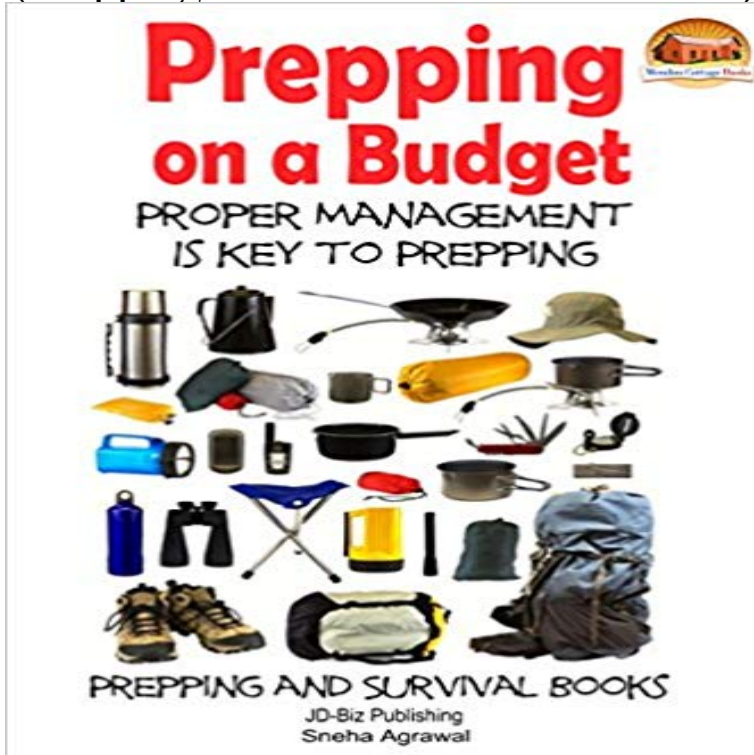


Table of Contents Introduction Why is it so important to save food? It is important to plan before storing Allocation of money for storing food Proper food management Variety of food that can be stored It is important to throw away decomposed food Techniques of storing food for longer duration Equipment and utilities that we need to have Storage Techniques Storage Methods It is important to buy the correct products Substitutes at the time of prolonged disaster Water storage and its importance Conclusion Author bio Publisher Introduction We are aware of the fact that disasters can strike at any time of day, and at any place. We are also aware of the fact that we should remain prepared to overcome any such situations and for that we should have some kind of backup. We even know that we should always have some kind of food and water storage, for some days; this will ensure that we are able to live a normal life until the bad effect of the disaster is over. But, the whole question is do we actually follow the simple rule of life, or do we even know the whole process of prepping? Most of the time people face some kind of atrocious situation only because of lack of knowledge about a particular thing. This same case is applicable here, where one does not have adequate knowledge on what to store and how much to store. We sometimes waste a lot of money on buying what is not important and even if we buy correct supply, we do not have adequate knowledge about the storage system of food. This leads to wastage of lot of money, and also does not provide surety on the survival plan. In this book we will discuss about all the parts in detail, so that a person is able to fight back in tough situations, without having to invest a lot of money in it.

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