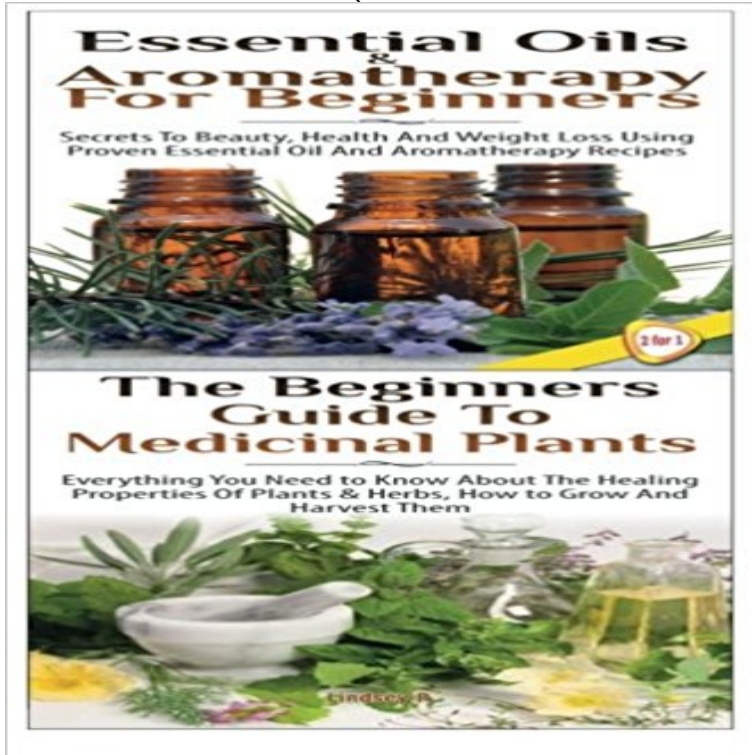


## Essential Oils & Aromatherapy for Beginners & The Beginners Guide to Medicinal Plants (Essential Oils Box Set) (Volume 33)



ESSENTIAL OILS BOX SET #33: The Beginners Guide to Medicinal Plants: Everything You Need to Know About the Healing Properties of Plants & Herbs, How to Grow and Harvest Them + Essential Oils & Aromatherapy for Beginners (Secrets to Beauty, Health and Weight Loss Using Proven Essential Oil and Aromatherapy Recipes Aromatherapy: Anything and everything about aromatherapy for beginners! You want to know how to use essential oils, either pure or in combination, to solve common problems in beauty and health? How to use essential oils as opposed to commercial formulations for your various problems? You want to maintain an all-natural lifestyle. That is good for the environment, for yourself and in certain circumstances, for your wallet too? Essential oils have been used for centuries in many cultures to cure common health ailments, solve various household problems, soothe the soul, make someone fall in love with you, drive evil spirits away and many others. While some of these uses may have been proven false by science, many are retained particularly for beauty and over-all health. Medicinal Plants Growing medicinal plants and herbs indoor is a popular hobby for a lot of gardeners. One of the greatest reasons to plant medicinal plants indoor is to have a ready supply of these beneficial herbs. These herbs are those that you commonly snip into your sauces and soups. They can also be used to soothe an itchy rash or cough. Growing medicinal herbs may not sound to be very appealing, however you can benefit from growing these plants that can provide instant relief for many illnesses that can happen anytime of the day. So what kind of medicinal plants should you grow? This book features a lists of different herbs and medicinal plants that you can grow at home. The list is just a good starting point for easy to find and easy to grow herbs. So

start growing your own plants so you can make your own medicine and stop using hazardous products! Here Is A Preview Of Whats Inside... Guide to Growing a Medicinal Herb Garden Easy Guide to Successfully Grow Herbs and Medicinal Plants at Home Know the Ten (10) Most Common Herb and Medicinal Garden Mistakes and How to Avoid Them Much, much more!

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