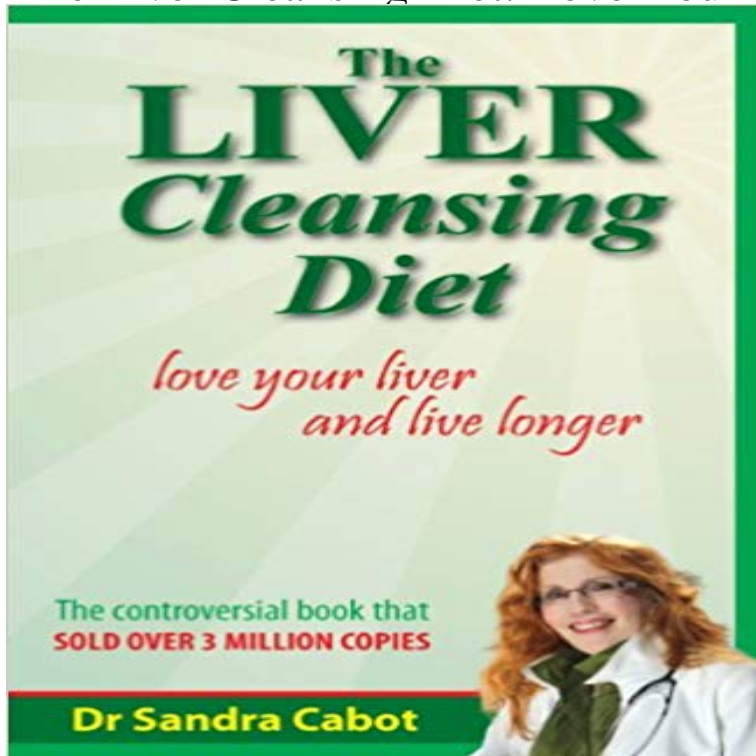


## The Liver Cleansing Diet: Love Your Liver and Live Longer



THE LIVER CLEANSING DIET The Liver Cleansing Diet took the diet market by storm and has sold over 3 million copies in eight languages Updated facts on liver problems Proven diet that has worked for millions In this new and updated version, you will find: Allergy free recipes - choose vegan, non dairy, gluten, nut or yeast free New life-saving strategies for Cirrhosis, Hepatitis C and B Effective help for Overweight Children The ground breaking concepts in this best selling book made Dr Cabot a household name and opened the eyes of millions around the world to the importance of the liver to maintain a healthy body and immune system. Hundreds of delicious liver cleansing recipes will help you to apply the liver friendly principles to your life. Look good and feel great on The Liver Cleansing Diet. Dr Cabots book contains invaluable information for all readers. The unique 8 week eating plan to detoxify and control your weight. The vital principles of a healthy liver. How to help your liver to reverse fatty liver and to Improve Liver function for those suffering with hepatitis.

Steps to overcome child obesity. A fascinating insight into the ancient Chinese and naturopathic philosophies on liver problems. Liver tonics from herbs and nutritional medicine to speed up weight loss (with scientific references) and to help repair a damaged liver. The futuristic artificial liver for those with serious liver disease. A healthy liver is the key to efficient fat metabolism and weight control. The liver-cleansing diet has many benefits: Increased energy levels. Detoxification and cleansing of the blood stream. Reduction of inflammation and degenerative diseases. Better immune function. Efficient fat metabolism. Weight control. The liver is the gateway to the body and takes the load off our precious immune system. Who Can Benefit For the thousands of patients who suffer

with overburdened immune systems, hepatitis, chronic fatigue, obesity, fatty livers and recurring blocked arteries (even after bypass surgery). Lets not suffer with what I call the fossilized brain syndrome where lateral and original thinking becomes a crime. Remember that a healthy liver will reduce depression and moodiness and therefore enable you to laugh more and not get too overheated or as the Chinese say gung ho about lifes little tribulations. Love your LIVER and LIVE longer

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