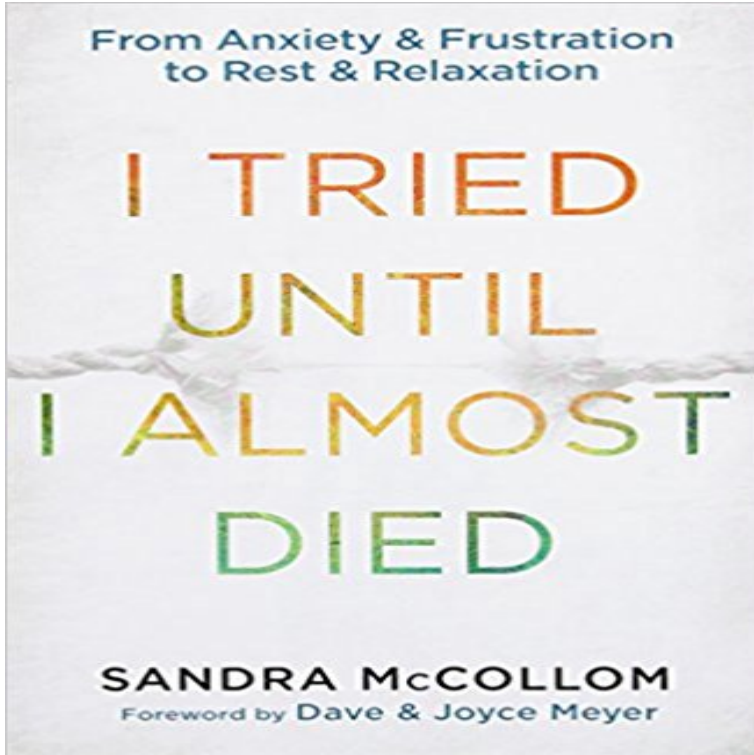


# I Tried Until I Almost Died: From Anxiety and Frustration to Rest and Relaxation



Tired of trying to measure up? Trade your anxiety and frustration for rest and relaxation. Many of us believe that in order to please God, we have to be perfect. It's an easy lie to buy into. In a culture that emphasizes accomplishment and ever-higher goals, we feel driven to do more, achieve more, be more. And we get caught up in the unforgiving treadmill of self-imposed rules, believing that we should, we need to, we must. The result? Anger, frustration, and anxiety that keep us far away from the life of peace that Jesus promised. For years, Sandra McCollom lived in this trap. Finally worn out from striving for perfection but constantly feeling like a failure, one day she prayed in desperation, begging God for help. God answered Sandra by setting her on a life-changing journey to discover the riches of His grace. In *I Tried Until I Almost Died*, Sandra shares how she left behind her burden of anxiety and fear and shows you how to experience for yourself the freedom of trusting solely in the perfecting power of God's grace.

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