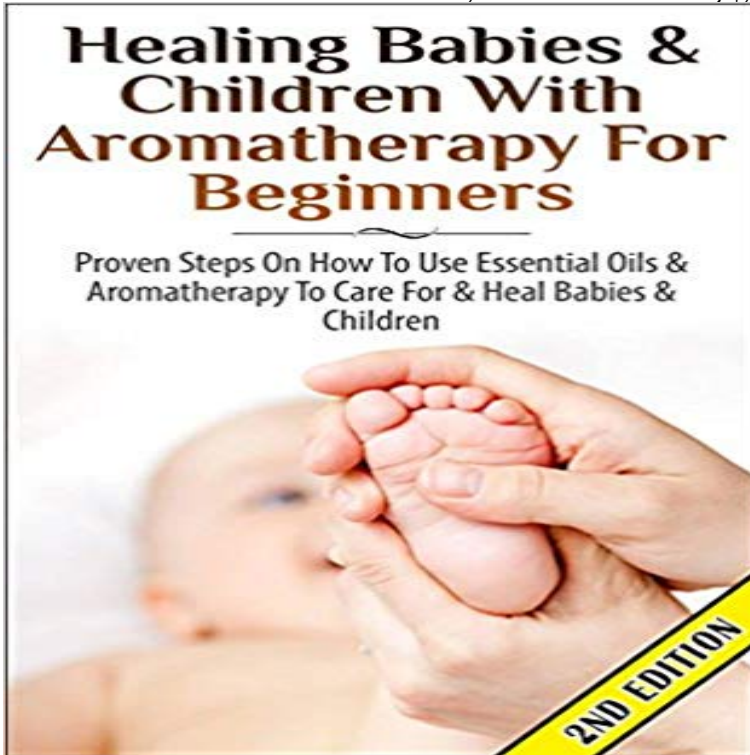


## Healing Babies and Children with Aromatherapy for Beginners 2nd Edition: Proven Steps on How to Use Essential Oils and Aromatherapy to Care for Babies ... Care, Skin Healing, Inhalation, Coughs)



Healing Babies and Children with Aromatherapy for Beginners 2nd Edition: Proven Steps on How to Use Essential Oils and Aromatherapy to Care for Babies and Children **BONUS RIGHT AFTER CONCLUSION ACT NOW!** Babies skin is often sensitive and that's why you have to be careful with what you apply to them. And since you are going to make use of essential oils, you need not worry much because these oils come from natural sources which mean that they are safe to use. However, since you are dealing with babies here, it would still be important to keep in mind some tips, such as: Do not use essential oils for babies younger than 3 months old. During this stage, babies are extremely sensitive and it would still be best to check with your doctor first before applying anything on them. Lavender and Chamomile are the first two oils that you can use for babies. Don't use eucalyptus oil unless babies are over 2 years of age as this may be too extreme for them. Dilute the oils with water well before using so that the oils will not be too strong for the babies. Do not give them essential oils orally!

You don't have to be an expert when it comes to massaging babies or children; you only have to be very gentle and make sure that with each touch comes love and affection. It's very important for a child to feel loved and wanted and that's what he/she should feel when you massage him/her with essential oils. 1% dilution or 5 drops essential oil to 2 Tbsp carrier oil is good for babies up to 2 years of age. After which, you can use 2% dilution or 10 drops essential oil per 2 Tbsp carrier oil already.

And, you also have to make sure that you use only pure, essential oils. Synthetic oils and overly fragrant oils have no healing properties and won't make your babies/children feel better. Here Is A Preview Of What You'll Learn...

Introducing Babies to Aromatherapy  
Baby Massage Oils  
Essential Oils for Bath

timeEssential Oils for Skin HealingEssential Oils for Inhalation and Room DiffusionEssential Oils for TantrumsEssential Oils for Coughs, Colds and FluEssential Oils for Other Ailments and Health PurposesMuch, much more!

Download your copy today! Tags: Babies, Healing Babies, Healthy living, kids, children, coughs, colds, flu, healing babies, Essential Oils, Skin Care, Aromatherapy, Weight Loss, Beauty, Health, Pain Relief, Stress, Hair Benefits, Essential Oils for Beginners, Essential Oil Uses, Recipes, Natural, Sensitive Skin, Acne, Lice, Anti-Aging, Wrinkles, Skin Types, Dandruff, Hair Loss, Treatment, Fungus, Insomnia, Depression, Anxiety, Increase Energy, Appetite, Handbook, Guide, Aromatics, Emotions, Novice, Fitness & Health, Healing, Blending essential Oils, Essential Oil Recipes, Coconut oil, Natural remedies, natural, heal yourself, boost metabolism, metabolism, lose weight, burn fat, fragrance, fragrant recipes, not toxic, mind, relax, body, rejuvenate, improve your hair, natural oils, aromatherapy, massage therapy, relaxation massage, relaxation, relaxation techniques, natural oils benefits, health benefits of essential oils, benefits of aromatherapy, benefits of essential oils, healing properties of essential oils, healing benefits of aromatherapy, how to relax naturally, relaxation therapy, relaxation techniques, essential oils benefits, essential oils, uses of essential oils, essential oils for anti aging, anti aging therapy, anti aging solution, anti aging cure, youthful skin, essential oils for younger skin, essential oils for health and wellness, essential oils for men, essential oils for women,

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