

Electronic Cigarettes: The Beginners Guide to Understanding & Using E-Cigarettes (e-cigarettes, electronic cigarettes, smoking alternatives, vaping pens Book 1)



Are Electronic Cigarettes for You? Learn All You Need to Know About This Popular, Healthier Smoking Alternative in This Book. ***Get this Amazon Best Seller now for the special promotion price of \$0.99! Regularly priced at \$4.99***

Traditional tobacco cigarettes have a bad reputation, and for good reason! Its no secret that smoking cigarettes can cause a number of health problems, including lung cancer, but for many, giving up smoking is incredibly difficult. Enter the electronic cigarette, a relatively new technology that is quickly becoming a popular alternative to traditional smoking. These are showing a lot of potential for being a much healthier alternative to traditional smoking, while allowing the user to enjoy the satisfaction that comes from the hand-to-mouth motion and the blowing of smoke from the cigarettes theyre used to. These incredible devices have much potential, but figuring out where to start with electronic cigarettes can be intimidating. Let this book be your guide in exploring the world of e-cigarette options. Heres a Preview of What You Will Learn *

- * What are electronic cigarettes?
- * How are they different from traditional cigarettes?
- * How do electronic cigarettes work?
- * Are electronic cigarettes really healthier?
- * What is in the liquid that e-cigarettes vaporize?
- * The different types of e-cigarettes and which is best for you.
- * Why traditional cigarettes are bad for your health.
- * How to use e-cigarettes as an aid in smoking cessation

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Comments From Other Readers

As someone whos smoked a pack a day most of my life, I didnt think Id ever be able to quit completely, even after my doctor warned me that I need to. Electronic cigarettes seemed like a good option, but I didnt know a thing about them. This book was a great tour of my options. Derek C. (Columbus, OH, USA) I got my first electronic cigarette after reading this book,

and I love it! Thanks for the great guide.
Max F. (Birmingham, UK) I really like how this book breaks down all the e-cigarette options. It even tells you about the history, and how they are made. Very informative!
Brian M. (Fes, Morocco)
Tags: electronic cigarette, e-cigarette, vaporizer, electronic vaping device, personal vaporizers, electronic nicotine, smoke free cigarettes, cigarette alternatives, e-cig, smoking cessation aids, quitting smoking, healthy smoking alternatives, alternative cigarettes

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reckons a third of the 2.1 million adults using e-cigarettes are former smokers. As one of the UK's 10 million smokers, I visited e-cigarette shop . I didn't enjoy vaping as a smoking alternative, but as a quitting . 5 best bikes for beginners

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for Understanding E Vaping is often seen as a safe or safer alternative to smoking. the two habits Vaping VS Smoking to help people get a better understanding electronic cigarettes are at least 95 percent safer than tobacco cigarettes. [e-cigarettes] present an opportunity for harm reduction if smokers use them as substitutes for cigarettes. **The**

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