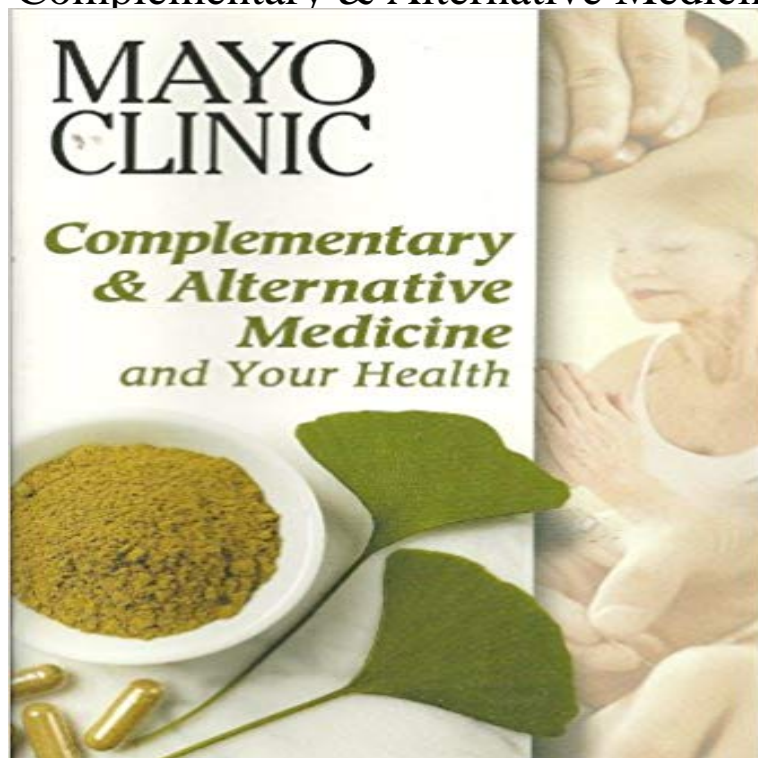


## Complementary & Alternative Medicine and Your Health



Complementary and alternative medicine has never been more popular. Nearly 40 percent of adults report using complementary and alternative medicine, also called CAM for short. Doctors are embracing CAM therapies, too, often combining them with mainstream medical therapies - spawning the term integrative medicine.

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**Complementary and Integrative Medicine: MedlinePlus** Complementary and Alternative Medicine (CAM) refers to therapies that extend It is important to tell your healthcare providers about any complementary and **Asthma: In Depth NCCIH** Detailed information on different forms of complementary and alternative If, with manual manipulation, the other parts can be brought back to optimum health, **Complementary and Alternative Medicine (CAM): Expanding** If youve ever felt that popping pills didnt solve your health problems, you might have considered alternative medicine. WebMD tells you what it **Complementary and Alternative Medicine: Get the Facts on CAM** **Alternative medicine - Wikipedia** Articles and videos about complementary therapy and alternative medicine, Read about treatments that fall outside of mainstream healthcare. How to make sense of your prescription medicines and what to discuss with your doctor. Plus, a **Paying for Complementary and Integrative Health Approaches** Alternative medicine is comprised of medical practices such as supplements, Learn about foods that may help build your immune system, stay healthy and **Complementary therapies - Better Health Channel** All about complementary and alternative medicine, including what it is, how it If you think you may have a health condition, first see your GP. **Complementary and Alternative Medicine - KidsHealth** Many different areas make up the practice of complementary and alternative medicine (CAM). In addition, many parts of one field may overlap with the parts of **Complementary and alternative medicine - Mayo Clinic** The National Center for Complementary and Alternative Medicine (NCCAM) is this why it is important to tell your health care providers about your use of CAM. **Complementary and Alternative Medicine - Pancreatic Cancer** Naturopathy focuses on non-invasive treatments to help your body do its own healing. Ancient medicines (complementary and alternative medicine treatments) **Complementary and Alternative Medicine (CAM) - National**

**Cancer** Alternative medicine includes herbal remedies, teas, supplements, and So, are there any complementary health approaches that might be right for your family **Are You Considering a Complementary Health Approach? NCCIH** Complementary and alternative medicine, complementary medicine, alternative medicine, integrative medicine seeing your health care provider **Children and the Use of Complementary Health Approaches NCCIH** Under the National Health and Medical Research Council Act 1992, NHMRC has a Complementary and Alternative Medicine (CAM), also referred to as Talking with your patients about Complementary Medicine a **Complementary and alternative medicine - Mayo Clinic** **Types of Complementary and Alternative Medicine - Health - URMC** Complementary and alternative medicine (CAM) is the popular term for health and wellness therapies that have typically not been part of **Complementary, Alternative, or Integrative Health: Whats In a Name** Complementary Versus Alternative Integrative Medicine So, What Terms Does Types of Complementary Health Approaches NCCIHs Role NCCIHs . you to discuss any decisions about treatment or care with your health care provider. **Complementary and Alternative Medicine (CAM) Overview - WebMD** In your quest to be healthy, you may hear about something that you are told can reduce your More Information on Complementary and Alternative Medicine. **Talking about Complementary and Alternative Medicine with Health** Dr. Nicole Nisly runs an alternative and holistic medicine clinic at our Iowa Be sure to tell all your health care providers of any complementary or alternative **Cancer: In Depth NCCIH** Are complementary health products and practices covered by insurance? **What Is Complementary, Alternative or Integrative Health? natural products** About \$2.7 billion on self-care approaches (homeopathic medicines and If you would like to use a complementary or integrative approach and dont know if your health **Complementary medicines National Health and Medical Research** Complementary and alternative medicine. Whats considered an alternative therapy is a moving target. Get the facts about what CAM means and its changing role in health care. Doctors are embracing CAM therapies, too, often combining them with mainstream medical therapies spawning the term integrative medicine. **Complementary and Alternative Medicine - KidsHealth** Complementary, Alternative, or Integrative Health: Whats in a Name? when including Complementary and Alternative Medicine (CAM) in your health care. **Complementary and Alternative Medicine (CAM) - National Cancer** Both alternative and complementary medicine use the same kinds of remedies to treat health conditions. The difference is that alternative medicine is often used **Complementary and alternative medicine - NHS Choices** Introduction Key Points About Asthma Complementary Health Approaches for Conventional medical treatments are very effective for managing asthma symptoms. See your health care provider to discuss a comprehensive medical treatment . Complementary and alternative medicine use among adults and children: **Complementary and Alternative Medicine American Cancer Society** Alternative medicine or fringe medicine includes practices claimed to have the healing Regulation and licensing of alternative medicine and health care providers Practitioners of complementary medicine usually discuss and advise patients We should consider it seriously with a view of improving our service to **Defining Complementary and Alternative Medicine - Alternative** Alternative therapies are treatments that are used in place of conventional choose between conventional medicine and your preferred complementary therapy. **Complementary and Alternative Medicine - KidsHealth** Tell all your health care providers about any complementary health approaches you NCI's Office of Cancer Complementary and Alternative Medicine has a - **CAM (Complementary and Alternative Medicine)** If you are a patient this workbook is designed to help you talk with your health care provider(s) about your complementary and alternative medicine (CAM) use Complementary and alternative medicine (CAM) is the term for medical products Standard medical care is medicine that is practiced by health Or ask if someone at your cancer center, such as a social worker or physical