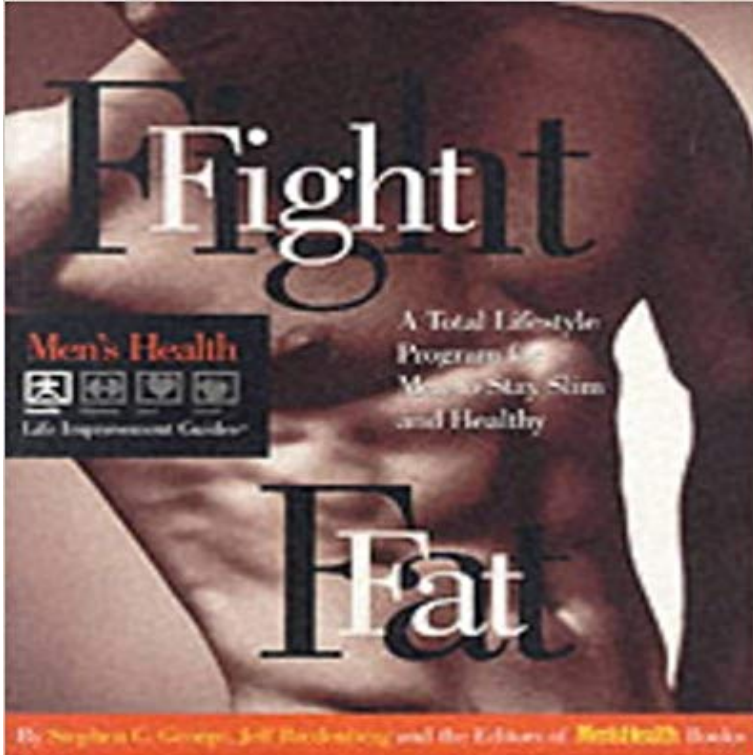


## Fight Fat: A Total Lifestyle Program for Men to Stay Slim and Healthy (Mens Health Life Improvement Guides)



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