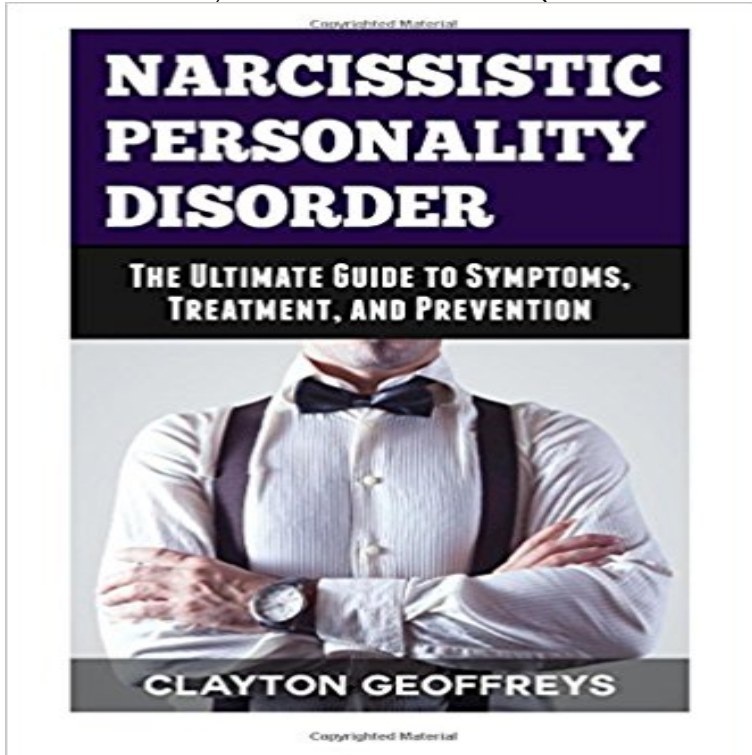


Narcissistic Personality Disorder: The Ultimate Guide to Symptoms, Treatment, and Prevention (Personality Disorders)



Learn everything you need to know to cope with Narcissistic Personality Disorder! Read on your PC, Mac, smartphone, tablet or Kindle device! In *Narcissistic Personality Disorder: The Ultimate Guide to Symptoms, Treatment, and Prevention*, you'll learn about Narcissistic Personality Disorder, and how it can impact a person's life. This book covers a variety of topics regarding narcissism, such as the subtypes of Narcissistic Personality Disorder, symptoms of the disorder, as well as how to overcome it. If you are looking for a book to better understand how to identify the causes of Narcissistic Personality Disorder, we will explore it in this short book. After learning about the causes of NPD, we'll dig deep into treatment methods and different types of therapy that are available for those suffering from Narcissistic Personality Disorder symptoms. It's time to keep yourself in check and overcome Narcissistic Personality Disorder. Grab your copy today. Here is a preview of what is inside this book: Foreword What is Narcissistic Personality Disorder? The 3 Subtypes of Narcissistic Personality Disorder What Causes Narcissistic Personality Disorder? The 9 Most Common Symptoms of Narcissistic Personality Disorder Common Therapy Methods for Narcissistic Personality Disorder How to Choose the Right Therapy Approach How to Overcome Narcissistic Personality Disorder in 4 Steps How to Find Your Escape Conclusion Topics covered include one-on-one therapy, group therapy, relationships/couples therapy, and support groups. An excerpt from the book: We live in an age in which those in their early twenties and younger generations are considered as the entitled generation. The term is in reference to the belief that younger people display materialistic and psychological benefits that they do not necessarily work for. With this idea

dominating the younger people, it is no surprise that there is a rise in Narcissistic Personality Disorder. This disorder used to be rather rare and only recently has truly come to light as a growing problem. Often the person is thought to be narcissistic if they are selfish, self-centered, egotistical, over-confident, and full of themselves. Narcissism is a psychological belief that one is more superior, important, intelligent, etc., than everyone else. Another common turn of phrase is they believe they are better than everyone. Though it can be hard to sympathize with someone who displays such outward arrogance and selfish demeanor, Narcissistic Personality Disorder often hides some very delicate self-esteem and insecurity issues.

Narcissistic Personality Disorder is one of the least studied personality disorders. Empirical evidence is almost nonexistent on people who actually have this issue. Doctors from several fields argue the existence of two or more subtypes. A peer-reviewed, reliable study published by the American Journal of Psychiatry focuses on the traits of three subtypes. These subtypes are the grandiose, the vulnerable or fragile, and the exhibitionistic or high-functioning forms of Narcissistic Personality Disorder. Grandiose personality types are usually angrier and are demanding of their positions. Often grandiose types have an arrogance and superiority not backed by actual accomplishments or abilities. These types expect reactions based on the assumption that others know they are less superior due to fear or intimidation. Your average bully could be classified under this subtype. Tags: personality disorders, Narcissistic personality disorder, NPD, narcissism, narcissist, self-involved, narcissistic personality

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