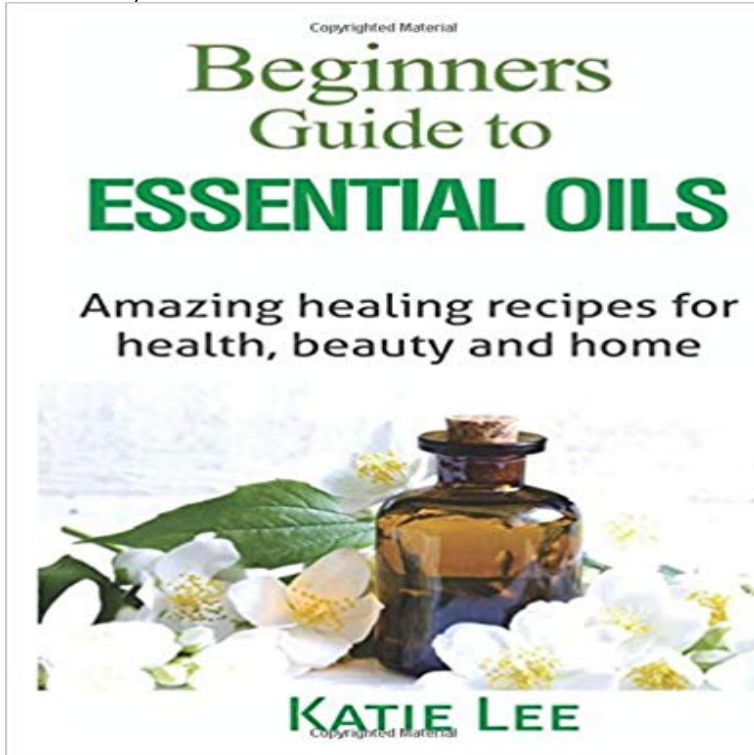


Essential Oils for Beginners:: Amazing healing recipes for Health, Beauty AND Home



****Easy Essential Oil Recipes for Health, Beauty AND home**** Whether or not you pay much attention to current health trends, you have probably heard of essential oils. These oils have been associated with a number of significant health benefits and many people prefer to use them over more modern forms of medicine. Essential oils are not some magical substance they are completely natural, derived wholly from plant-based sources. If you are curious to know what essential oils are and what they can do for you, this book is the perfect place to start. Here you will find basic information about essential oils including what they are, what benefits they provide, and how they can be used. As an added bonus you will also receive more than 20 unique recipes for using essential oils to create homemade beauty, health and home products. Included in this book are Essential oil recipes for: Detoxing Body Wrap Eliminating Zits Relaxing Bath Bombs PMS Mood Lifting Oils Stress Relief Rubs Insomnia Air Fresheners Bug Repellents Fabric Conditioner And MANY more! Start your Essential Oils journey now

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